



**ST. AUGUSTINE**  

---

**CATHOLIC SCHOOL**

# **ATHLETIC HANDBOOK**

## **2014 -2015**

***St. Augustine Catholic School***

5500 Laurel Creek Way Houston, Texas 77017  
713-946-9050 [www.staugustinecs.org](http://www.staugustinecs.org)

Dear Parents, Students, and Coaches,

*"[I] consider sports as an instrument of education when it fosters high human and spiritual ideals; when it forms youth in an integral way in values such as loyalty, perseverance, friendship, solidarity and peace.*

*Surmounting differences of cultures and ideologies, sports offers an ideal occasion for dialogue and understanding among peoples, for building the desired civilization of love. To put into practice these values, based on the dignity of the human person, in face of possible interests that might darken the nobility of sports itself."*

- Pope John Paul II (Sept. 16, 2002)

Welcome to St. Augustine Catholic School! In choosing to attend St. Augustine School you have elected a Christ-centered Catholic education and academic excellence. Many wonderful opportunities await you!

As a school community, we all must consider the appropriate role of athletics here at St. Augustine. A core characteristic of Catholic Christianity and Catholic schools is the concept of relationship and community and the conviction that human kind is "made for each other" (*Educating for Life*, Thomas Groome, p.60). Our prayer is stronger in community. Academic achievement is greater in a community with a similar mission and goals. Our athletic program adds another dimension to our school community. Pope John Paul II says that as manifestations of the communal body of Christ, athletics serve to unify all individuals, including coaches, student-athletes, and families in a spirit of peace.

This handbook outlines the philosophy and reflects the policies of the St. Augustine School Athletic Program for the 2014-2015 school year. Please read this document carefully, sign the attached agreement, and return it to school before attending the first practice date. The agreement states that you intend to abide by the policies of the St. Augustine School Athletic Program during the 2014-2015 school year.

St. Augustine Athletics extends the work of St. Augustine School by offering another environment in which high human and spiritual ideals can be fostered to help children grow towards a deeper understanding of themselves and their roles in God's great world. Thank you for doing your part to help positively affect and develop the lives of all children by building a peaceful environment within our school, our parish, and in our larger community.

Just as those who create a document such as this are a work in progress, so is this Athletic Handbook.

In peace,

Denise Rios, M Ed.  
Principal

# ***St. Augustine School Athletics***

---

## ***Mission Statement of St. Augustine School:***

To enable all children to see themselves and others in the heart of Christ.

## ***Mission of St. Augustine School Athletics:***

The St. Augustine School Athletic Program dedicates itself to the pursuit of excellence in athletics within the framework of a Catholic community and in accordance with its primary role as an educator and spiritual guide. The athletics program is committed to providing opportunities for each individual student-athlete to reach his/her highest potential while developing the qualities and spirit of a Catholic Christian.

## ***Philosophy:***

*“Do you not know that the runners in the stadium all run in the race, but only one wins the prize? Run so as to win. Every athlete exercises discipline in every way. They do it to win a perishable crown, but we an imperishable one.”*

*Corinthians 9:24-25*

We recognize that the imperishable crown offered by Jesus Christ far exceeds any of the perishable crowns or trophies offered by this world. As a Catholic school, St. Augustine upholds Christian values and principles. Though our athletic teams strive to win in the sense of having the best score, we recognize the real value of Catholic school athletics is realized only if it fosters the development of the human person—both in spirit and in body—by cultivating Christian character, strengthening personal integrity and responsibility, and promoting the pursuit of excellence in all endeavors.

Participation on a team is a privilege. With this privilege come responsibilities in the areas of preparation, attitude, sportsmanship, and academics. These responsibilities exist both in and out of school, both in athletic and non-athletic settings. We recognize the need for God’s support and guidance in meeting these responsibilities.

## ***Conference Affiliation:***

St. Augustine School participates in the Greater Houston Catholic Athletic Association (GHCAA), a league comprised of area Catholic schools. In addition to playing conference games, St. Augustine teams often play other schools in the area. Thus, St. Augustine athletes play students from diverse backgrounds and skill levels.

# ***Registration Information***

---

## ***Nondiscriminatory Policy***

St. Augustine Athletics admits any students of any race, color, and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students of the school. It does not discriminate on the basis or race, color, national or ethnic origin in the administration of its participatory policies, admissions policies, or athletic programs.

## ***Procedure for Registration***

A student can become a full, participating member of a St. Augustine athletic team once the following requirements are met:

1. Student and parent/guardian have completed and returned the Parent/Guardian Consent form. (HM260.1a)
2. Student and parent/guardian have completed and returned the Medical History form. (HM620.1b,c)
3. Student, parent/guardian and physician have completed the Physical Evaluation Form. (HM620.1d)
4. Student and parent/guardian have read the St. Augustine Athletic Handbook.
5. Student and parent/guardian have paid the fee required for their sport.

## ***Athletic Permission Form***

St. Augustine students wishing to participate in a sport must fill out a St. Augustine School Athletic Permission Form. This form is accessible at the end of this handbook, on the website and in the main office of the school. Permission forms must be completed and returned on or before the deadline set before the first tryout/practice date. Any student who decides to participate on a team after the deadline should see the Athletic Director (AD) before attending practice. Deadlines are not intended to prevent a student from participating on a sports team, but they are necessary to make sure that team sizes do not become too large to allow for proper instruction of participants. A permission form need only be completed one time during the school year. Please indicate in the spaces provided at the top of the form, which sports the student may be interested in playing.

## ***Fees***

All sports offered at St. Augustine School have costs required for operation. Student athletes and their families are required to pay a \$75 per athlete per sport (Soccer, Volleyball, Basketball, Softball, Baseball) fee to cover part of the operating costs, uniforms cost, equipment costs, and tournament fees. Cheerleading will require a \$50 per athlete fee. Students and their families may be asked to provide their own personal equipment for certain sports.

*Financial constraints should not inhibit any student from participating in student athletics. For financial assistance for St. Augustine athletics, please contact the principal.*

## ***General Information***

---

### ***Levels of Competition***

Development of the skills fundamental to each sport receives primary emphasis on each athletic team offered at St. Augustine. Each team experience, however, may be slightly different depending on the level at which the team is competing.

<b>LEVEL</b>	<b>Varsity</b>	<b>Junior Varsity</b>	<b>Developmental</b>
	Teams at this level strive to prepare students for high school athletics	Teams at this level serve as transitions from the developmental level to varsity level teams.	Though each team at St. Augustine School emphasizes the development of fundamental skills.
<b>COMMITMENT REQUIRED</b>	<i>High</i> Students and families must commit to 5 events a week—practice, games, scrimmages, etc.  *attendance at Saturday practices and practices during holiday breaks may be requested.	<i>Moderate</i> Students and families must commit to 4-5 events a week—practice, games, scrimmages, etc.  *attendance at Saturday practices and practices during holiday breaks may be requested.	<i>Low</i> Students and families should commit to as many events as possible in order to emphasize the development of fundamental skills.
<b>TRYOUTS</b>	<i>Yes (if needed; at coaches discretion)</i>	<i>Varies</i> according to interest and capacity	<i>None</i>
<b>COMPETITION</b>	Officiated games against other GHCAA schools as well as occasional non-conference games. Season ends with a conference tournament.	Officiated games against other GHCAA schools as well as occasional non-conference games.	Intramural games provide participating athletes opportunities to practice learned skills in informal, competitive game situations. These intramural games may be within-team games or played against other developmental teams. Intramural games are often officiated by the coaches and stopped occasionally for instruction.
<b>PLAYING TIME</b>	At discretion of teams' coach(es).	Coaches will make every effort to play every team member in each game.	All athletes participate with emphasis on equal playing time for each athlete
<b>SKILLS EMPHASIZED</b>	-Advancing game strategies -Leadership skills on and off the field/court -Individual fundamentals reinforced and extended	-Importance of team cohesion -Individual fundamentals introduced and reinforced -Formal game strategies introduced	-Basic individual fundamentals -Introduction to team dynamics and rules of formal competition

## *Athletic Teams at St. Augustine*

St. Augustine School offers the following sports as recognized by the GHCAA. Cheerleading is a club sport not included in GHCAA.

SEASON	GIRLS	BOYS
Fall	<b><i>Volleyball</i></b> <ul style="list-style-type: none"> <li>➤ Varsity- 6<sup>th</sup> through 8<sup>th</sup> Grades</li> <li>➤ Junior Varsity-5<sup>th</sup> through 7<sup>th</sup> Grades</li> </ul> <b><i>Soccer</i></b> <ul style="list-style-type: none"> <li>➤ Varsity-5<sup>th</sup> through 8<sup>th</sup></li> </ul> <b><i>Cheerleading</i></b> PK4 through 8 <sup>th</sup>	<b><i>Soccer</i></b> <ul style="list-style-type: none"> <li>➤ Varsity- 5<sup>th</sup> through 8<sup>th</sup> Grades</li> </ul>
Winter	<b><i>Basketball</i></b> <ul style="list-style-type: none"> <li>➤ Varsity – 6<sup>th</sup> through 8<sup>th</sup> Grades</li> <li>➤ Junior Varsity – 5<sup>th</sup> through 7<sup>th</sup> Grades</li> </ul> <b><i>Cheerleading</i></b> 2 <sup>nd</sup> through 8 <sup>th</sup>	<b><i>Basketball</i></b> <ul style="list-style-type: none"> <li>➤ Varsity – 6<sup>th</sup> through 8<sup>th</sup> Grades</li> <li>➤ Junior Varsity – 5<sup>th</sup> through 7<sup>th</sup> Grades</li> </ul>
Spring	<b><i>Softball</i></b> <ul style="list-style-type: none"> <li>➤ 5<sup>th</sup> through 8<sup>th</sup> Grades</li> </ul>	<b><i>Baseball</i></b> <ul style="list-style-type: none"> <li>➤ 6<sup>th</sup> through 8<sup>th</sup> Grades (5<sup>th</sup> graders at coaches discretion)</li> </ul>

Skill development is emphasized with opportunities for officiated competition with other area programs. Commitment level and playing time varies according to grade level of participants.

### ***Transportation Policy***

In accordance with the policies of the Archdiocese of Galveston-Houston, St. Augustine School does not provide any transportation to or from athletic events. All transportation is privately arranged by parents/guardians. St. Augustine and the Archdiocese of Galveston-Houston assume no liability for accidents that may occur en route to any sporting practice or activity. In addition, employees of the Archdiocese of Galveston-Houston are not permitted to drive any student other than their own children. An Approved Drivers form and Game Day Field Trip form must be on file with the Athletic Director prior to first away/travel game.

### ***Notification of Tryouts***

Announcements of tryout/sport sign-up will be announced during morning announcements and during PE classes. Students in grades 5 through 8 (grade 5 at discretion of coach) may tryout for any St. Augustine sports team.

## *Athletic Director Duties*

- Attend GHCAA (League) meetings
- Register school with GHCAA to ensure eligibility
- Send all necessary information to League secretary (rosters, coach's code of conduct, etc.)
- Coordinate with Church office on field/gym availability
- Confirm officials
- Arrange for payment to officials with forms obtained by coaches at game
- Receive sports rosters, practice schedules and tournament requests from Coaching Coordinator or Coaches
- Send home sports packets including physical forms
- Keep files containing all physicals, emergency forms, and pertinent information
- Notify students of deficient paperwork
- Receive scores and report to necessary commissioners
- Consult with nurse
- Run reports for No Pass, No Play and notify coach and athlete
- Confirm fee payment by all athletes with bookkeeper
- Distribute and collect uniforms
- Coordinate purchase of athletic equipment needed
- Advise Principal of any athletic or sports club problems
- Approve/deny fund-raising options
- Confer with Coaching Coordinator any business necessary
- Any other duties the principal feels necessary

## *Coaching Coordinator Duties*

- Secure coaches for each sports team
- Report scores collected to AD Coaches report scores straight to me via text after the game
- Deliver to AD all payment information for officials Coaches deliver to me after games
- Collect completed rosters, coaches packets, practice schedules, and tournament requests to AD Coache (deliver to campus AD)
- Assists AD in overseeing field, gym and equipment is in satisfactory working condition
- Supervise and evaluate all coaches
- Ensure all coaches follow rules and guidelines of St. Augustine Catholic School
- Obtain coach's signature on Coach's Code of Conduct (Coaches fill this out with AD)
- See that all athletic facilities are cleaned, maintained and repaired

# *Coaching Expectations and Requirements*

---

Coaches are first and foremost educators, and must work in coordination with the parents who are the primary educators of children. At all times, coaches must be examples of Christ the Teacher who serve as role models for student-athletes to emulate. They must be messengers of the school mission and ensure that athletic programs embody the Catholic characteristics prevalent at St. Augustine School. At St. Augustine coaches are volunteers and will be required to complete the coaches' packet prior to first practice.

## *Coaching Duties*

In addition to serving as witnesses and models of faith, St. Augustine coaches are expected to fulfill the following duties:

- Plan out practices
- Attend scheduled games
- Supervise athletes at all times until they are picked up from practices/games
- Condition athletes properly
- Assess athletes' readiness for practice & competition
- Instruct properly on what to do and what not to do
- Provide Athletic Director with team rosters, practice schedules, and tournament requests
- Follow emergency procedures
- Maintain safe playing conditions
- Ensure cleanliness of facilities
- Sign out/in equipment needed for sport
- Maintain equipment properly
- Communicate practice and game schedule to athletes and parents
- Select, train, instruct and supervise assistant coaches and team mom
- Report scores to Athletic Director at the conclusion of game(s)
- Provide officials with proper documents needed for payment to Athletic Director
- Abide by Coaches Code of Conduct

\*\*Coach may delegate duties to Asst. Coach or Team Mom

## *Team Mom Duties*

- Organize game day events such as maps, transportation, and approved driver information
- Organize game day snacks and water
- Keep emergency contact information of athletes
- Assist coaches when necessary
- Communicate rain outs, game cancellations, or delays of game on game day or before to school and athletes parents/guardians as soon possible
- Follow emergency procedures
- Keep open communication with AD on all aspects of team and team needs/maintenance



## ***Goal Setting***

When working with St. Augustine student-athletes, a successful coach will work towards goals in the following three dimensions: team, personal, and school.

### **Team Goals**

St. Augustine coaches build a team by:

1. Advancing the athletes' understanding of their role as members of the communal body of Christ.
2. Creating a positive and memorable experience that will be cherished by the student-athlete for the rest of his/her life.
3. Teaching the specific and unique skills of this sport to the very best of his/her abilities by using all means, methods, and resources available.
4. Teaching the skills of healthy competition that will prepare athletes and the team to succeed.

### **Personal Goals**

St. Augustine coaches grow as individuals by:

1. Modeling character, sportsmanship, self-discipline, and a lived faith.
2. Appreciating the moments of grace throughout a season, at times of winning and losing.
3. Becoming a lifelong learner of their sport.
4. Maintaining perspective in and throughout all athletic endeavors, realizing teachable moments exist in all experiences.
5. Fostering positive relationships with all school community stakeholders.

### **School Goals**

St. Augustine coaches contribute to the school community by:

1. Infusing the school mission in all athletic activities.
2. Promoting academic excellence as an essential component in the development of student-athletes.

3. Committing to effective communication with administrators, teachers, parents, and athletes.
4. Supporting the development of student-athletes as leaders and role models in the greater school community.
5. Creating a culture of school unity and spirit as exemplified through sportsmanship, positive fan participation, and respect for all.

### ***Conduct of Coaches***

Coaches are called to be models and witnesses to their faith each day and as such, coaches are expected to uphold high standards of conduct in and out of season. Coaches will be required to complete coaches' packet which will include 'Coaches Code of Conduct.'

### **Sports Club/Athletic Protocol**

All business regarding sports booster club/athletics must first pass through the Athletic Director. All questions, requests, inquiries, and purchasing should be first addressed with the Athletic Director. The Athletic Director will then attend to said business and consult with Principal if necessary. Business requiring approval through the Athletic Director include but are not limited to; purchases (equipment, uniforms, coaches shirts, concessions), fundraising, check requests, facility/field use, equipment use, uniform distribution, equipment repair/replacement and any other business pertaining to the sports booster club/athletic dept. In addition, any money collected through donations or fund-raising for sports booster club/athletic programs must be deposited to the school bookkeeper for proper accountability.

### **Fund-raising**

All fund-raising must be approved by the Athletic Director. All money collected through donations or fund-raising must be deposited to the school bookkeeper for proper accountability.

### **Language**

Language should be appropriate and constructive at all times. Coaches are expected to not only monitor their own language, but they should also set and enforce standards of appropriate language for their athletes. This includes, but is not limited to swearing, harassment, exclusionary language, sexual innuendo, personal attacks, and unsportsmanlike gestures.

### **Treatment of Opponents**

Although opponents are not a part of our school community, they are members of the larger body of Christ and should be treated as such. Coaches should model such respect for their athletes and should instruct players on how to welcome their opponents and all visitors in a way that conveys a sense of hospitality and community.

## ***Prayer***

Athletic experiences play an important role in the spiritual formation of students at St. Augustine School. Genuine and lasting spiritual development is only possible through careful and conscientious preparation by those in leadership positions. Coaches, as team leaders, are chosen not just to be mentors and role models for student-athletes, but also to be witnesses. Prayer should become an intentional component to a team's culture, not just a rushed event before or after a game or practice. Rather than emphasizing winning, prayers should focus on embodying the spirit of Christianity. Coaches are encouraged to build and create spiritual traditions into their approach to coaching at St. Augustine School. Examples of possible prayers are located in the team binder.

## ***Holding Tryouts***

In a Catholic school, it is essential to demonstrate respect for all members of the school community. There is not an expectation that all students will be able to be members of a team, but when cuts are necessary, students should be treated fairly and with compassion. Coaches should provide individualized feedback to players rather than simply posting a list of team members. When individuals fail to make a team, alternative team roles should be considered, if possible.

## ***Communication with Athletes and Parents***

St. Augustine coaches should establish clear procedures and guidelines for communication with athletes and parents that align with the philosophy and mission of St. Augustine School. E-mail should be used only to communicate basic information, such as time and location of games and practices. Discussions of concerns should always be done in person. If a face-to-face meeting is not possible, a phone call or text is acceptable. Before meetings, establish clear agendas and communicate that certain topics will not be discussed. Coaches will only speak about instances pertaining to your own child. Coaches do not have to discuss playing time, coaching strategies and specific plays, or information pertaining to other athletes.

## ***Awards and Recognition***

The St. Augustine Sports Booster Club hosts an annual Sports Banquet at the conclusion of the spring season. Coaches are expected to attend the evening to publicly introduce their players and summarize their season. Recognition of athletes, however, should be utilized throughout the season as a means of personal athlete formation and team-building. Particular recognition of athletes should embody the goals and philosophies of the athletic department and program, not only physical talent. Some areas of recognition will include MVP, sportsmanship, and most improved.

## ***Student Expectations and Requirements***

---

Students and parents should recognize that participation in the athletic program is not a right of all students, but rather a privilege to those selected individuals who possess the ability, attitude, disposition, cooperative spirit, and desire to represent the St. Augustine community in a favorable way. By joining the school's athletic program, a student becomes a representative of his/her team and of St. Augustine School.

### ***Eligibility and Probation***

We expect student-athletes to maintain academic and behavioral standards in keeping with the St. Augustine School Student-Parent Handbook and the teachings of the Catholic Church. These regulations and procedures apply while on school premises, during practices and competitions, and in the public arena. A student will be considered *ELIGIBLE* to participate in interscholastic athletics at St. Augustine School if their most recent academic report reflects:

- ❖ A passing grade in all subjects including ancillary classes
- ❖ A *Satisfactory* or better in conduct for all subjects

A student-athlete will be considered *ON PROBATION* from sports should his/her most recent academic report reflect any one or a combination of the following academic grades or conduct:

1. One failing grade in any subject including ancillary classes
2. A 'N' or 'U' in conduct
3. A 'conduct referral' slip
4. Continued removal from the classroom
5. In/out of school suspension

*Probation* is one, two (2)-week period\* during which a student-athlete works to improve his/her grades and/or conduct. During this two-week period, a student is still considered a full, participating member of the athletic team, but *time should be spent wisely in improving one's grades and conduct*. Student-athletes are encouraged to seek extra help from those teachers in courses where he/she is struggling either before school or after school, but may not receive extra assignments/extra credit that is not offered to entire student body. St. Augustine School faculty and staff are always willing to assist students in their academic studies and personal growth as young adults.

\*The *probationary period* will consist of the amount of time between grade checks which will be approximately every 2 weeks, at progress reports and report cards. Principal decides progress report and report card dates.

### **Evaluating Probationary Improvement**

A student-athlete remains a full, participating member of a team if his/her grades at the end of the probationary two-week period reflect a passing average or better in every class, and the student-athlete maintained conduct in keeping with the St. Augustine Student-Parent Handbook and the teachings of the Catholic Church.

### **Ineligibility**

A student-athlete will be considered *INELIGIBLE* for interscholastic sports including afterschool and weekend practices at St. Augustine School should there be no improvement after the two-week probationary period. *Ineligibility* means that a student-athlete may NOT participate in interscholastic athletics at St. Augustine for the remainder of the season. This will result in the removal of the student from the team's roster.

All student-athletes are allowed two (2) probationary periods per sport season. Should a student-athlete fail to meet the academic and behavior standards outlined above more than twice during a sport season, he/she will be considered ineligible and will no longer be permitted to participate in that interscholastic sport at St. Augustine School for the remainder of that sports season.

### ***Student-Athlete Expectations***

A student-athlete's behavior is governed by the same rules, regulations, and procedures that apply to all students as set forth in the St. Augustine Parent-Student Handbook. Each student-athlete is expected to demonstrate and encourage in others behaviors that reflect good sportsmanship.

### **Attendance**

All student-athletes must be marked as present in school on the day of practice or a game in order to participate. Please see the *Student-Parent Handbook* for what constitutes an absence.

All student-athletes must recognize the time commitment made to a team. One is expected to attend all practices and games. If one cannot attend a practice or game, please make sure the coach and/or athletic director has been notified *in advance*. Consequences for a missed practice or game will be informed by the team rules as outlined by the coach/team at the beginning of the season in addition to the natural consequences that result from missing practice instruction or game experience.

### **Dress Code/Uniforms**

Student-Athletes are highly visible representatives of the school and, as such, are responsible for using good judgment in their overall appearance. All teams, regardless of level, have a responsibility to ensure that their game attire speaks volumes of their class and excellence. All game shirts will be tucked in. No player should make modifications to his or her uniform.

Athletes are to wear a school issued or schools approved uniform and treat their uniform with respect. Teams that treat their uniforms with respect, exude class.

*Uniforms must be returned to the Athletic Director within seven (7) days of the last game.* Progress reports and/or report cards may be withheld until the uniform is returned. If a uniform is not returned, parents are responsible for the cost of replacing the uniform.

### **Sportsmanship**

All student-athletes are expected to represent St. Augustine School in an exemplary manner. This behavior is expected both on and off the court or field. Student-athletes are expected to display the best of Christian courtesy and manners to all officials, coaches, opposing coaches, players, and spectators. At all times good sportsmanship is the rule, not the exception. The penalty for unsportsmanlike behavior during a practice or game will be left to the discretion of the coaches for each sport along with input from the Athletic Director. This can range from sitting out at practice to a one-game suspension. In extreme cases when an athlete has been ejected from a game, multi-game suspensions and dismissal from the team may be appropriate. The athletic director and principal will make the final decision following a meeting with the athlete, coach, and parent.

### **Transfer Students/Injured Students**

Transfer students or students injured at the beginning of a season will be awarded a tryout for a team if there is one more than half of the games left in that sport's season. Transfer and injured students are guaranteed the same tryout duration as the other athletes, though they are not guaranteed placement.

## ***Expectations of Parents and Stakeholders***

---

*"It is incumbent upon parents to cooperate closely with the school teachers to whom they entrust their children to be educated; in fulfilling their duty teachers are to collaborate closely with parents who are willingly heard and for whom associations or meetings are to be inaugurated and held in great esteem."*  
(Code of Canon Law, 796)

St. Augustine School coaches and administrators respect the privacy of the parents as the first teachers of their student-athletes, and will partner with parents in the formation of student-athletes. Parents and other members of the community play a vital role in the holistic education of children including students' participation in school-sponsored athletics. Together, all stakeholders should actively work to ensure that the Catholic mission and identity of St. Augustine School permeates the athletics program.

### **Volunteer Hours**

It is mandatory that all parents volunteer a minimum of 10 hours for each sport their student participates in which their student participates, this does not include school volunteer hours. Parent may pay a flat fee of \$125 in lieu of volunteer hours. Those who do not volunteer 10 hours during the specific sport season or do not pay \$125 will have a hold on their account. Make sure to sign in/out on volunteer sheet.

### ***Top Five Ways to Support your Student-Athlete***

1. **Be present** – Show up to games, cheer, and support our teams!
2. **Be positive** – Children learn from modeling. When talking about the game, season, performances and decision-making, please share the gift of a positive outlook on life! Make sure that your child knows that win or lose, he/she is loved and supported.
3. **Encourage independence** – Encourage student-athletes to be responsible for the care of their athletic gear and to be prepared for practices and games. In addition, student-athletes should speak directly with their coach about any questions and/or concerns.
4. **Observe the "24 Hour Cushion"** – As do all good educators, St. Augustine coaches will naturally and deliberately reflect on game situations and decisions. Please allow coaches the time they need to process their decisions before approaching them with any questions. As stated above, coaches need not discuss playing time, coaching strategies and specific plays, or information pertaining to other athletes.
5. **Model proper behavior expectations for visiting spectators** – Take pride in our athletic program and model for visitors how we...
  - i. cheer for our team rather than against our opponents.
  - ii. respect the integrity and authority of game officials.
  - iii. allow coaches to coach without criticism from the spectators.
  - iv. help clean up at the end of athletic events.

### ***Transportation***

Transportation to/from practices and games is the sole responsibility of the parents. Please ensure that your student-athlete is picked up promptly at the end of each practice/game. All Athletes must have the Approved Driver form and Game Day Field Trip form on file with the Athletic Director prior to the first away/travel game.

### ***Removal from Team – Parent Decision***

The principal, athletic director and coaches will respect and support the decision of a parent to remove his or her child from a team for any reason. However, once the child is removed, he or she may not return to that team for the remainder of the sport season.

## ***Revisions/Modifications to Policy***

---

The Principal may make changes to any policies outlined in this handbook as needed, and has the final decision with regards to any policy. Changes will be made public in the weekly letter.

***The Principal has the authority to remove a student or cancel a season if student-athletes or parents are not adhering to St. Augustine School standards.***



## Athletic Registration Form 2014 - 2015

Name of Athlete \_\_\_\_\_ Grade: \_\_\_\_\_

Sports: Basketball \_\_\_\_\_ Soccer \_\_\_\_\_ Baseball \_\_\_\_\_ Volleyball \_\_\_\_\_ Cheerleading \_\_\_\_\_

Softball \_\_\_\_\_

### **Insurance**

The following information must be completed and signed by the appropriate parent or guardian and turned in to the Athletic Director before participation in student athletic activities will be allowed. If the following information is not complete, this form will be returned to you.

Parent/Guardian : \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell/Emergency Phone Number: \_\_\_\_\_

Email \_\_\_\_\_

All students participating in student athletic activities at St. Augustine must have their own medical coverage. Students will not be allowed to participate in student athletic activities unless the following information is submitted and the form is signed by the parent or the guardian of the student.

Insurance Company: \_\_\_\_\_

Policy Holder: \_\_\_\_\_

Policy and Group Number: \_\_\_\_\_

Address or phone number of insurance company:

\_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_

### **Athletic Fee** *(Please make payable to St. Augustine School with specific sport in Memo Line)*

\_\_\_\_\_ \$50 for Cheerleading

\_\_\_\_\_ \$75 for Soccer, Volleyball, Basketball, Softball, Baseball

Check # \_\_\_\_\_

## Agreement/Acknowledgement of Athletic Handbook

I, \_\_\_\_\_ and my child \_\_\_\_\_ have read, agree and acknowledge the  
Parent/Guardian Student-Athlete

receipt of the St. Augustine Athletic Handbook. By signing below we agree to abide by the rules and regulations set forth by the St. Augustine Athletic Department in the Athletic Handbook.

Sport \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Student-Athlete \_\_\_\_\_ Date \_\_\_\_\_

Please keep the Athletic Handbook handy for your reference then, fill out, sign and return all forms required for participation.

Thank you,

Pamela Feuge, PE/Athletic Dept.

---

St. Augustine Catholic School

### Sports Volunteer Form

Participation from parent/guardian volunteers is greatly appreciated and encouraged. Let us work together as a team and support our athletes.

Please provide your information in the spaces provided and designate in which areas you would like to volunteer.

Parent/Guardian \_\_\_\_\_ Student \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Sports - I would like to volunteer for \_\_\_\_\_

I would like to volunteer in these areas:

\_\_\_ Concession

\_\_\_ Transportation\*

\_\_\_ Field/Gym

\_\_\_ Fundraising

\_\_\_ Other \_\_\_\_\_

\*If Transportation is marked your name will be added to the Approved Drivers Form for the sport indicated.

## St. Augustine Catholic School

### Parent Involvement/Athletic Fee Information

Athletic Fee(s): \$75 for Soccer, Volleyball, Basketball, Softball,

Baseball ; \$50 for Cheerleading

#### We ask parents/guardians for their involvement:

- Completing information received from Athletic Director and/ or school office.
- Providing transportation to and from away games. At the beginning of the school year, parent drivers need to provide school office and Athletic Director with verified driver's license and insurance.
- Working in the concession stand at home games and /or providing assistance with equipment.
- Participating in the designated fundraiser for your child's sport.
- Attending all athletic meetings
- **It is mandatory that all parents volunteer a minimum of 10 hours for each sport their student participates in. Parent may pay a flat fee of \$125 In lieu of volunteer hours. Those who do not volunteer 10 hours during the specific sport season or do not pay \$125 will have holds put on their account.**

We are aware that job responsibilities may preclude some parents from actively participation. The Cougar Sports Booster Club (CSC) will do their best to provide necessary information (schedules, dates, times, etc.) to enable parents/guardians to plan ahead. The parent/guardian participation in the CSC and sport related fundraising efforts is crucial to the successful funding of each sport. **Note:** It is the responsibility of the parent/guardian to pick up his/her child promptly after each practice or game. If your child is not picked up promptly after each practice they will be sent to extended day and you will be billed accordingly. (Unless, of course, the child is scheduled in the extended day program). **Special Note:** Sibling(s) of an athlete must be accompanied by a parent or guardian during game practice. Parents must transport sibling(s) to practices/games. Parents please send a note/consent form with your child stating your accommodations. School is not responsible for sibling(s). Please complete the information required for child's participation in sport(s) and return forms, along with the standard athletic fee, to the school office in accordance with the deadline noted on the form. Students will not play if the athletic fee is not received by the deadline.

Thank you for supporting your child's involvement in the St. Augustine Sports Program.

**Please complete and return the Physical Packet to the Athletic Department if you plan to play sports this year.**

**St. Augustine Catholic School**  
**Cougar Sports Permission Slip**

Dear Parent/Guardian,

We are excited that your child has chosen to participate in the St. Augustine Athletics Program. Please note we have made a few changes this year to enhance you and your child's overall understanding and satisfaction in the SACS Athletic Program. We hope to have a wonderful school year!

\_\_\_ I/We read the fee memo and agree to the athletic fee of \$75 (Soccer, Volleyball, Basketball, Softball, Baseball), \$50 (Cheerleading). Student athletes cannot play/practice until athletic fee is provided.

\_\_\_ I/We understand the mandatory volunteer or payment policy my/our time with sport related activities.

\_\_\_ I/We understand that the **No Pass/No Play** rules are in effect.

\_\_\_ I/We support the after school procedure which states that after school, athletes will go to dismissal area until released to the gym and await instructions from a coach/volunteer. For safety we would like all athletes to be in the same area and will be able to proceed as a group to the field or to transportation for away games.

\_\_\_ I/We agree that sibling(s) of student athletes will not be allowed at practice or games unless accompanied by a parent/guardian. Parent(s)/Guardian(s) must send a note stating otherwise and confirmed by school office. School is not responsible for sibling(s).

\_\_\_ I/We understand that we are solely responsible for arranging rides to and from games if I/we are not able to transport. Athletes will only be released to ride with drivers indicated on the Approved Drivers form.

\_\_\_ The uniform will be returned at the end of the season, no later than 7 days from last game. If the uniform is not returned by date requested a fee of \$75 will be imposed.

Please fill out the below information in blue/black ink.

\_\_\_\_\_ has my \_\_\_\_\_ permission to participate in the after school

Student-Athlete

Parent/Guardian

St. Augustine Athletic Program.

Sport \_\_\_\_\_

Student-Athlete Signature: \_\_\_\_\_ Grade \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date \_\_\_\_\_